

# Home and Community Based Service Settings

Iowa Medicaid Enterprise



## Background

- HCBS designed to provide supports in the home instead of facility care
- New federal regulations apply to lowa's seven waiver programs and Habilitation Services program
- CMS draft rules published June 2009; revised after public comments, became final 3/17/14



#### **POLL**

True or False:

Under the new federal regulations, HCBS cannot be provided in Residential Care Facilities (RCFs).

Answer: False

Under the federal regulations, there is a limit on the number of beds allowed in a residential setting where HCBS is provided.

Answer: False

All HCBS settings must be in compliance with the federal regulations by July 1, 2015.

Answer: False

Under the federal regulations, all persons receiving HCBS must become employed in the community.

Answer: False

Providers can no longer own housing where persons receiving HCBS live.

Answer: False



## Federal Regulation Overview

- Defines HCBS settings by the nature and quality of the individual's experiences.
- Expands opportunities to receive supports in the most integrated setting
- Ensures that people receiving services and supports have full access to community living to same extent as individuals not receiving Medicaid HCBS.



## Federal Regulation Overview

- Individual choice in living arrangements, service providers, and life choices
- Ensure that individual rights are not restricted.
- Avoid regimentation in daily activities, schedules, and personal interactions.



## Federal Regulation Settings Presumed Not HCBS

- Settings that are presumed to have the qualities of an institution
  - Located in a building that also provides inpatient institutional treatment
  - On the grounds of, or immediately adjacent to, a public institution
  - Any setting with the effect of isolating individuals from the broader community of individuals not receiving Medicaid HCBS



## Federal Regulation Settings Presumed Not HCBS

- State submits evidence demonstrating that the setting does have the qualities of an HCBS setting
- CMS heightened scrutiny review



## Federal Regulation Prohibited Settings

- Specifies that HCBS cannot be provided in institutional settings
  - Hospitals
  - Nursing facilities
  - o ICF/IDs
  - Institutions for Mental Disease (IMD)



- Same protections from eviction as all tenants under landlord-tenant law of state or local government
- Each person has privacy in their sleeping or living unit
- Lockable entrance doors, with the person and appropriate staff having keys as needed



- Individuals sharing units have a choice of roommates
- Freedom to furnish and decorate within the lease/agreement
- Freedom and support to control own schedules and activities



- Access to food any time
- Members may have visitors at any time
- Setting is physically accessible to the member



- Modifications to the requirements for an individual (such as limiting access to food)
  - Based on assessed need
  - Have tried less intrusive methods
  - Done through the person-centered planning process with the individual's informed consent
  - Set time limits for review and measure effectiveness



## Provider Owned or Controlled Settings

lowa definition:

A setting is considered provider-owned or controlled when the setting in which the individual resides is a specific physical place that is owned, co-owned, and/or operated by a provider of HCBS.



#### **Transition Plan**

- Must include public comment, assessment, and remediation
- Required to submit to CMS with first waiver renewal ID Waiver
- Transition plan required for each waiver, plus statewide plan



#### Transition Plan – Public Comment

- ID Waiver last May responses on website
- Plan revised, submitted to CMS late August
- Currently open for comments on transition plan for other 6 waivers, Habilitation
- ID and BI waiver renewal comment period



#### Transition Plan - Assessment

- Ongoing process
- Largely incorporated into existing QA processes



#### Transition Plan - Assessment

- Settings Analysis (required) High-level, not provider or location specific
- A starting point; final determinations will depend upon information gathered through all assessment activities

This Settings Analysis is general in nature and does not imply that any specific provider or location is noncompliant solely by classification in this analysis. Final determination will depend upon information gathered through all assessment activities outlined in the transition plan, including but not limited to onsite reviews, provider annual self-assessments, IPES data, provider surveys, and GIS analysis.

YES – Settings presumed fully compliant with HCBS characteristics	
Type of Setting	Standard
Member owns the housing, or leases housing which is not provider owned or	State review of settings
controlled.	
Supported employment provided in an integrated community setting	State review of settings
NOT YET – Settings may be compliant, or with changes will comply with HCBS characteristics	
Type of Setting	Standard
Residential Care Facilities (RCFs) of any size	Licensure/Certification and State review of settings
Apartment complexes where the majority of residents receive HCBS	State review of settings
Disability-specific camp settings (except Respite)	State review of settings
Five-bed homes previously licensed as RCFs	State review of settings
Provider owned or controlled housing of any size	State review of settings
Multiple locations on the same street operated by the same provider (including	State review of settings
duplexes and multiplexes)	
Disability-specific farm communities	State review of settings
Assisted Living Facilities	Licensure/Certification and State review of settings
Services provided in a staff member's home (except Respite)	State review of settings
Day program settings located in a building that also provides other disability-specific	State review of settings
services, or where provider offices are located.	
NOT YET - Setting is presumed non-HCBS but evidence may be presented to CMS for heightened scrutiny review	
Type of Setting	Standard
Located in a building that also provides inpatient institutional treatment	State review of settings
Any setting on the grounds of or adjacent to a public institution	State review of settings
Settings that isolate participants from the broader community	State review of settings
NO – Settings do not comply with HCBS characteristics	
Type of Setting	Standard
Intermediate Care Facilities for Persons with Intellectual Disabilities (ICF/ID) (except	Licensure/Certification
Respite)	
Nursing Facilities/Skilled Nursing Facilities	Licensure/Certification
Hospitals	Licensure/Certification
Institutions for Mental Disease (IMD)	Licensure/Certification and State review of settings



#### Transition Plan - Assessment

- Annual Provider Self-Assessment
- HCBS quality assurance onsite review process
- IPES survey results for member experiences on choices and community access
- Other



#### Transition Plan - Assessment

- Guidance documents on IME website
  - Exploratory questions
  - Settings that isolate



- IME notifies provider of assessment results
- For settings not in compliance, the provider must submit a corrective action plan (CAP) that describes the steps to be taken and expected timelines to achieve compliance



- The state may also prescribe certain requirements to become compliant
- State review of CAPs will consider the scope of the transition to be achieved and the unique circumstances related to the setting in question



- Compliance monitored through activities including onsite reviews, technical assistance activities, and the provider annual self-assessment process.
- Failure to remediate: subject to sanctions



- Providers should begin remediation when non-compliance is identified
- All settings must be compliant by March 17, 2019 at latest



Additional information on the new HCBS rules and setting requirements can be found:

http://www.dhs.state.ia.us/ime/about/initiatives/HCBS



#### Questions?

Please submit any questions or comments on the transition plan to:

HCBSsettings@dhs.state.ia.us